

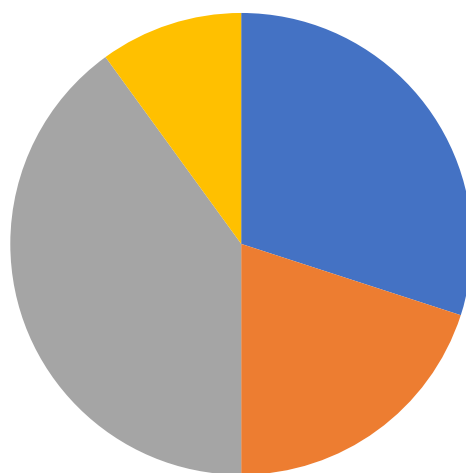
VALOR NUTRICIONAL

HOY COMEMOS DE RESTAURANTE



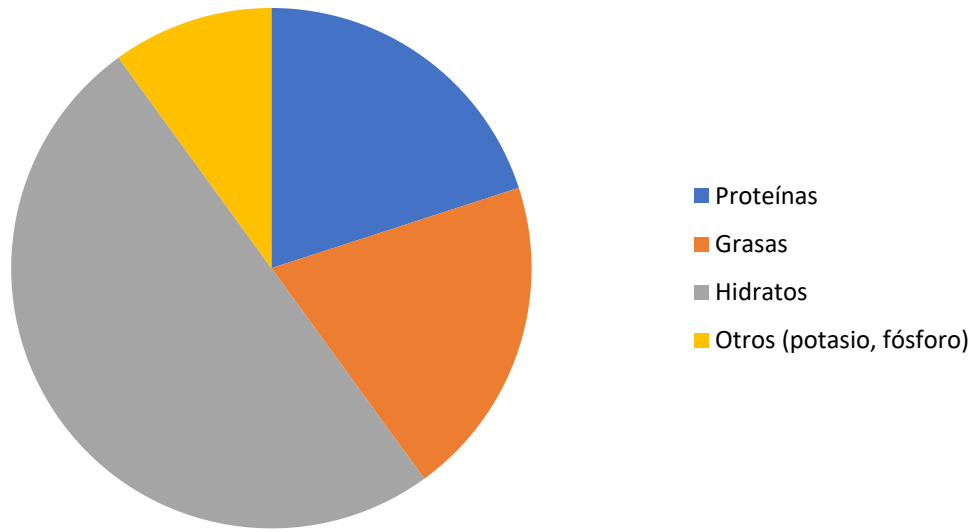
COMIDA SÁBADO 6 DE FEBRERO

Mini calzonne de espinacas y quesos variados



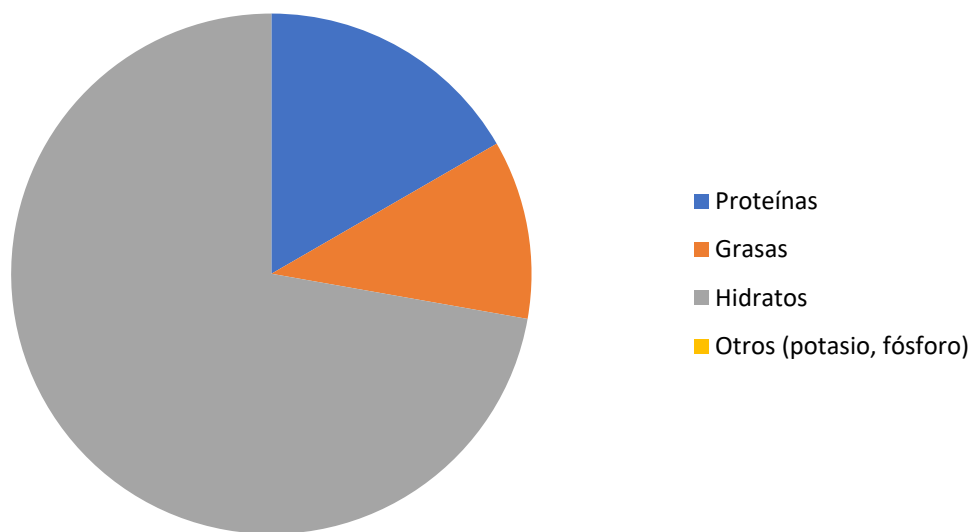
- Proteínas
- Grasas
- Hidratos de carbono
- Otros (Vitamina C, E, K, sodio, potasio, fibra)

Patatas revolconas con chorizo

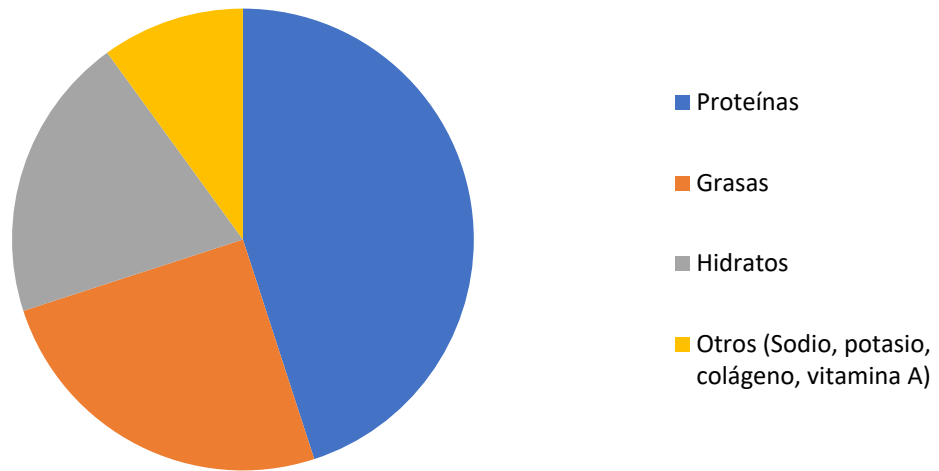


OPCIÓN VEGETARIANA

Patatas revolconas sin cerdo

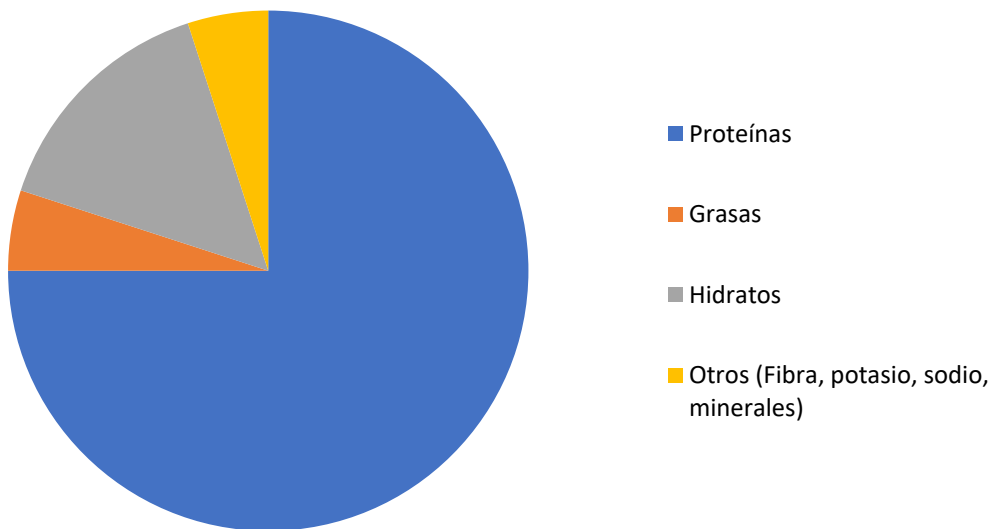


Carrilleras de cerdo Pedro Ximénez con compota de manzana

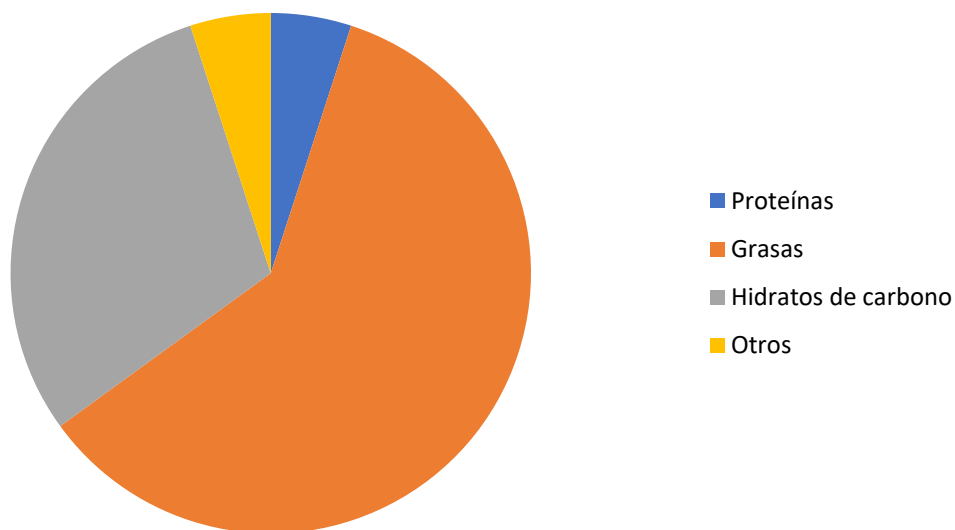


OPCIÓN VEGETARIANA

Seitán en salsa de pimienta

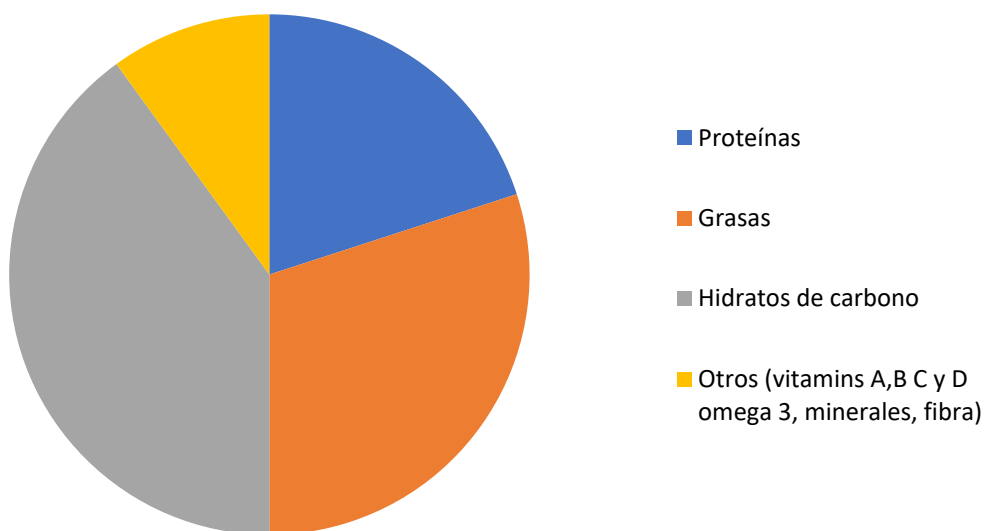


Canutillos rellenos de crema de chocolate



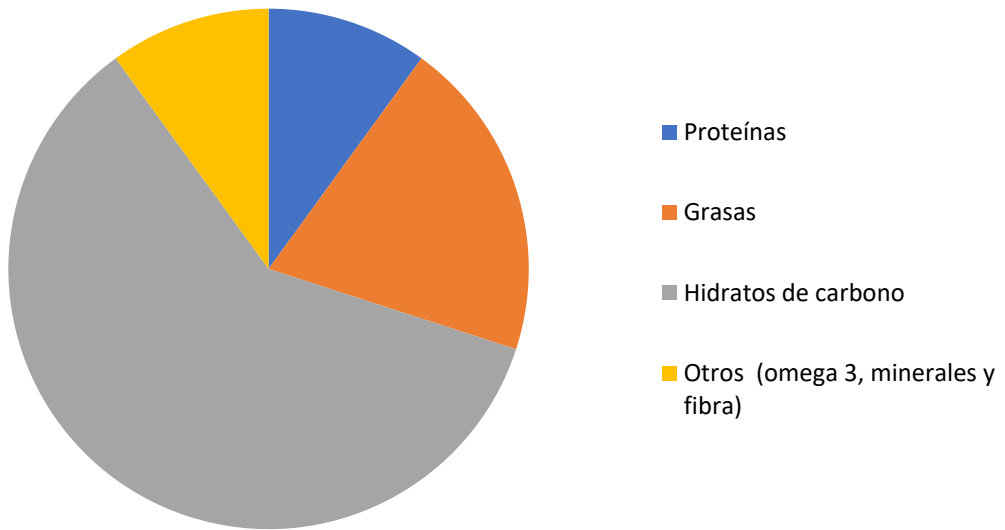
CENA SÁBADO 6 DE FEBRERO

Fideuá de mejillones

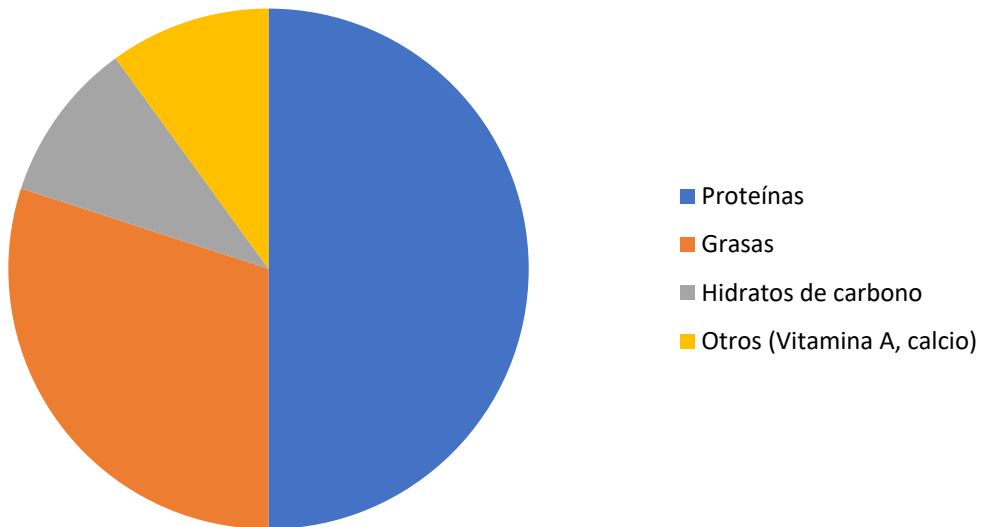


OPCION VEGETARIANA

Fideua con verduras

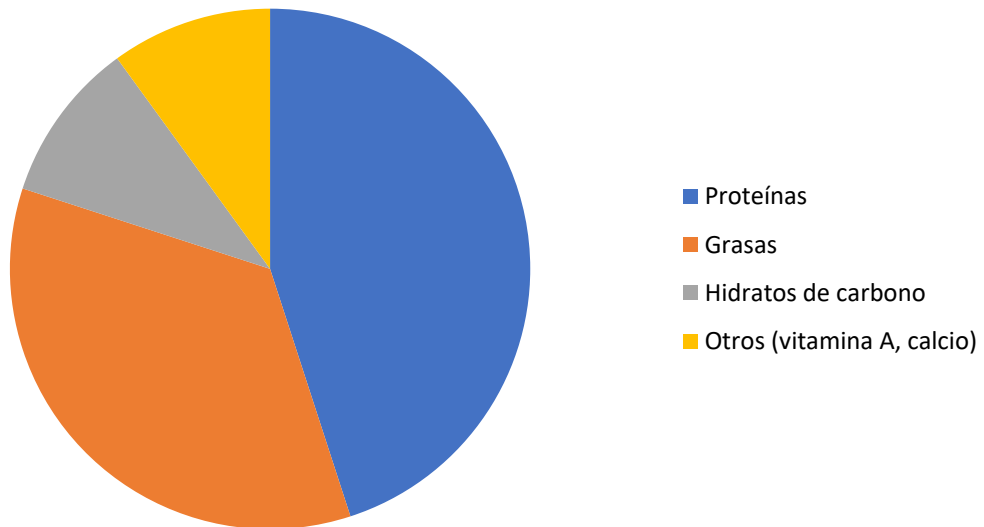


Tortilla de jamon

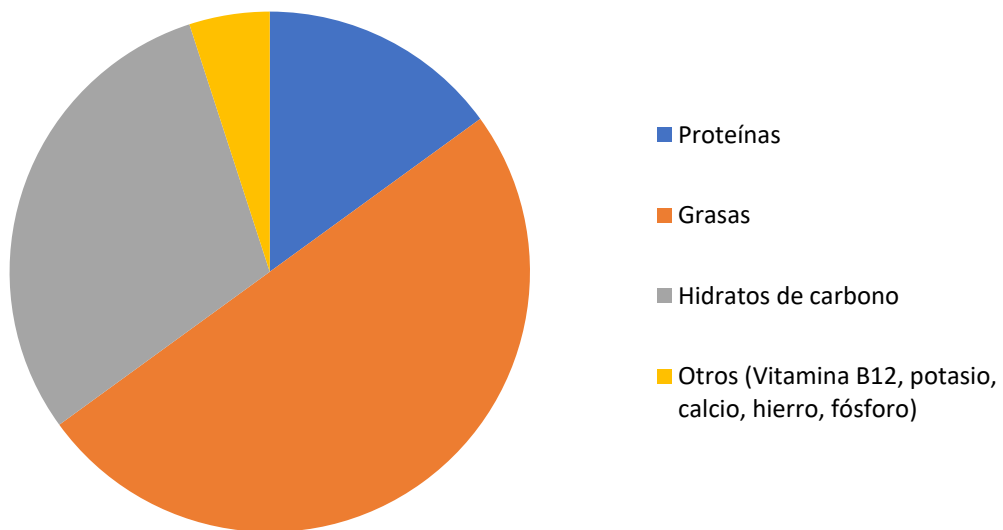


OPCIÓN VEGETARIANA

Tortilla de queso



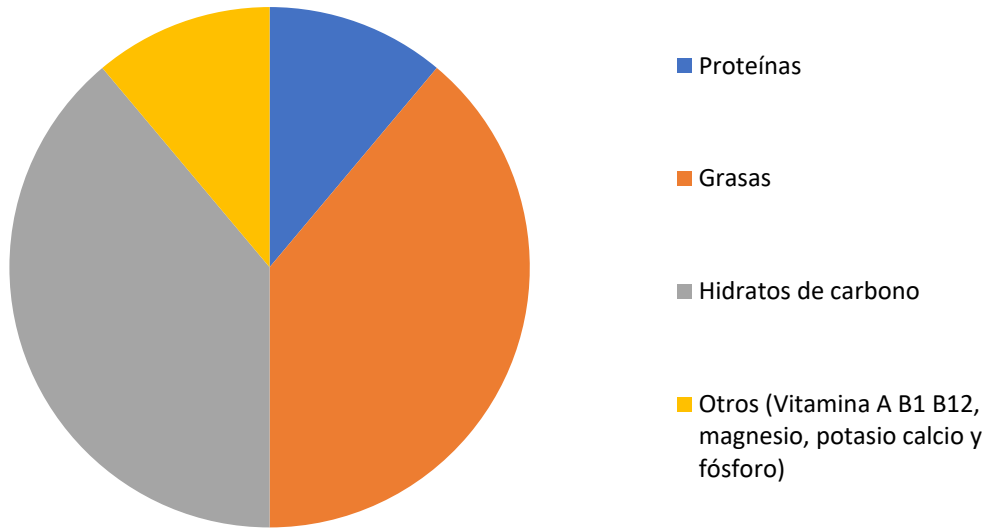
Pastel de praline de almendras y vainilla



COMIDA DOMINGO 7 DE FEBRERO

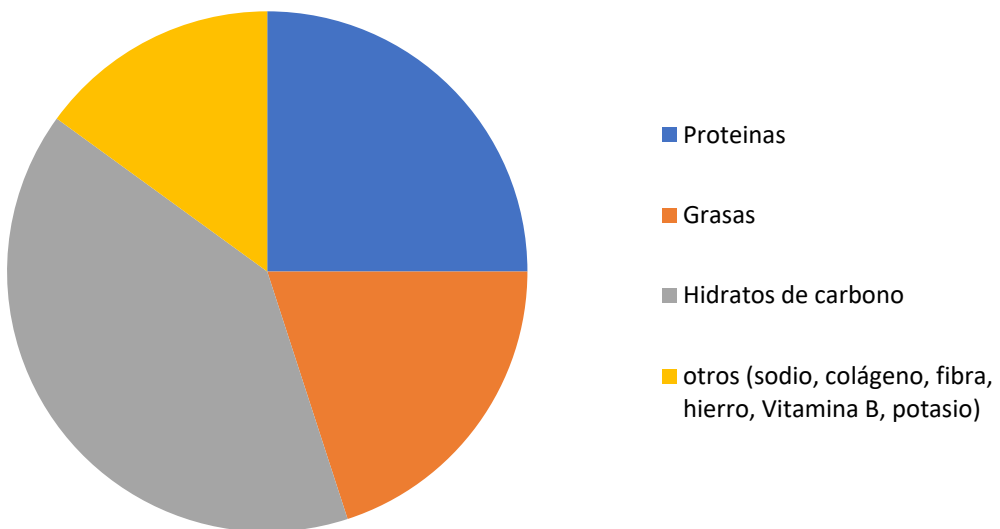
Aperitivo

Patatitas rellenas de albahaca y queso



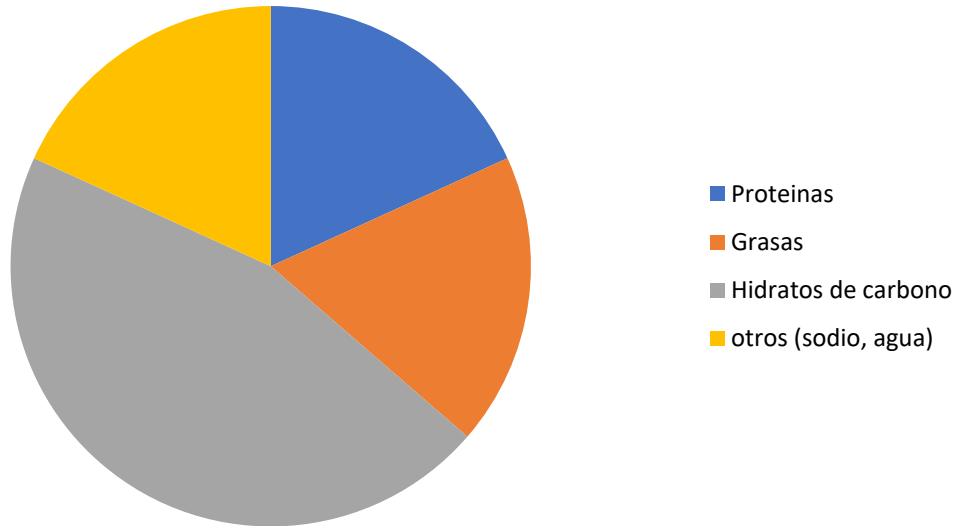
Primero

Judías blancas con cochinillo



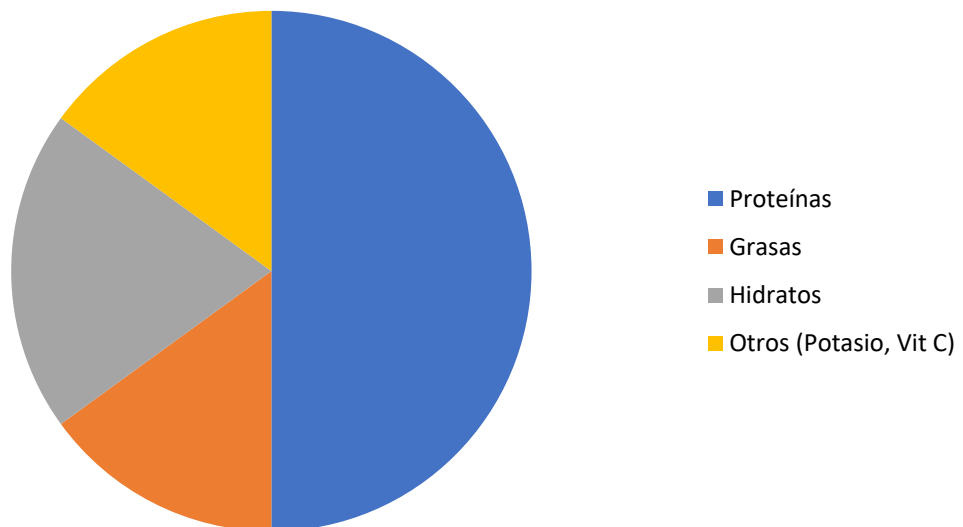
Primero opción vegetariana

Tomates rellenos de pasta



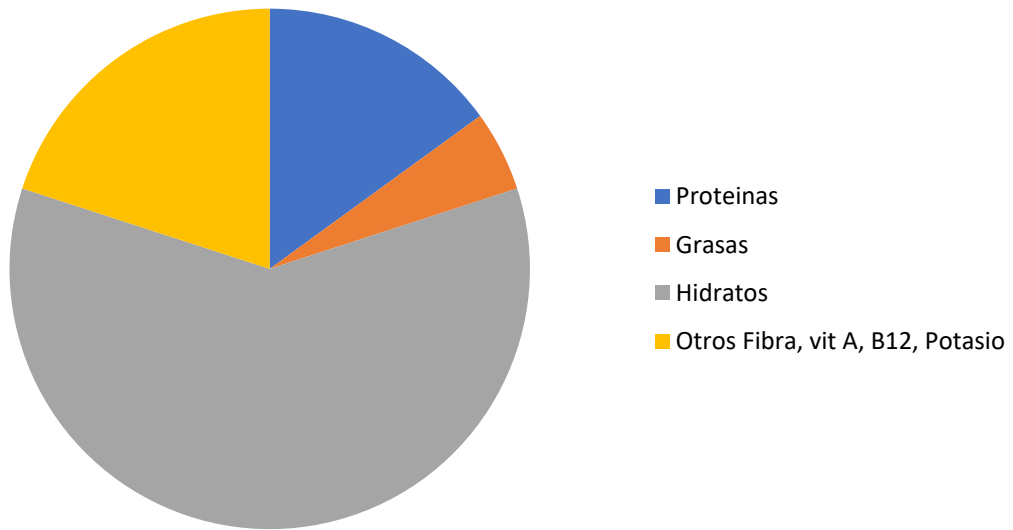
Segundo

Pollo asado a la naranja



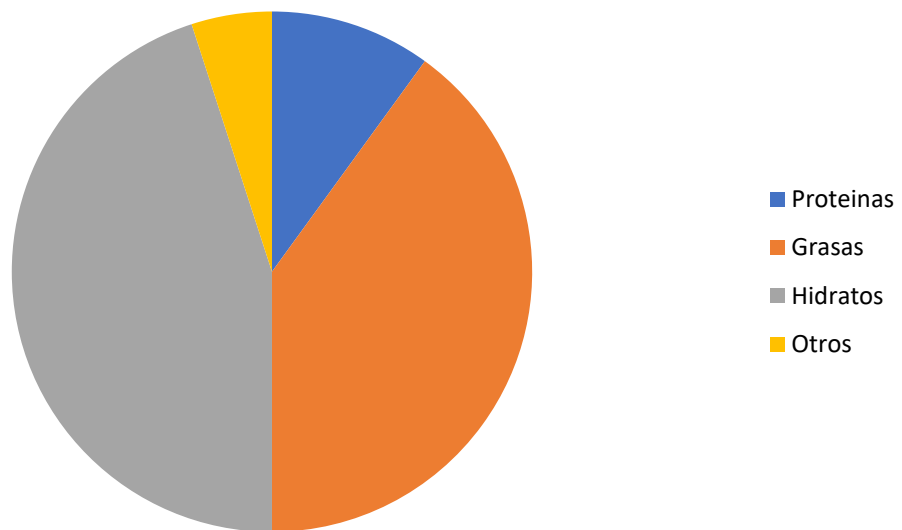
Segundo opción vegetariana

Coliflor a la naranja



Postre

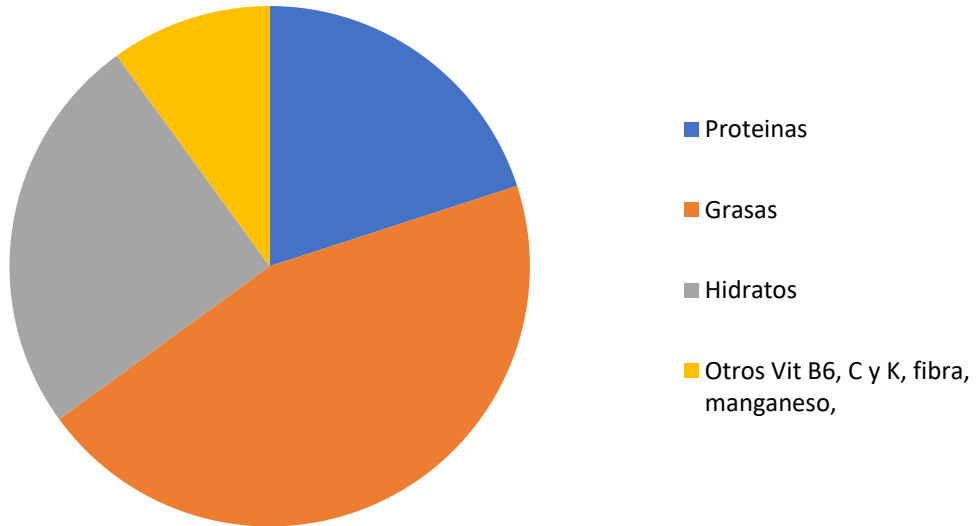
Helado de chocolate blanco



CENA DOMINGO 7 DE FEBRERO

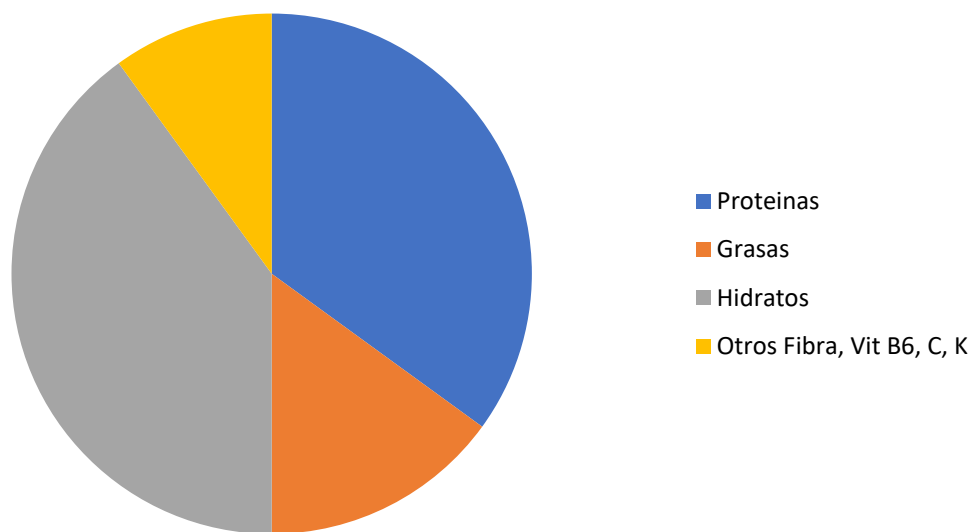
Primero

Fondo de calabacín relleno de foie



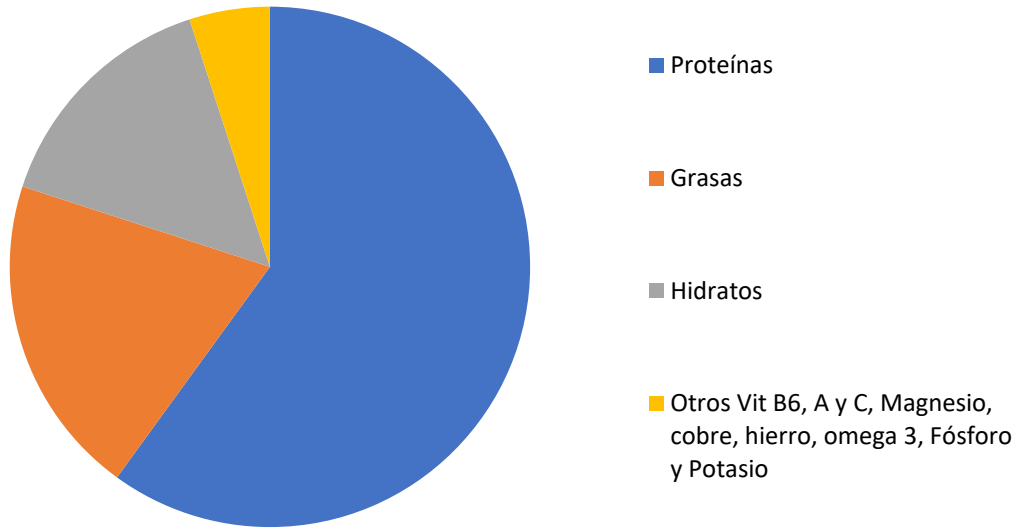
Primero opción vegetariana

Fondos de calabacín opción vegetariana



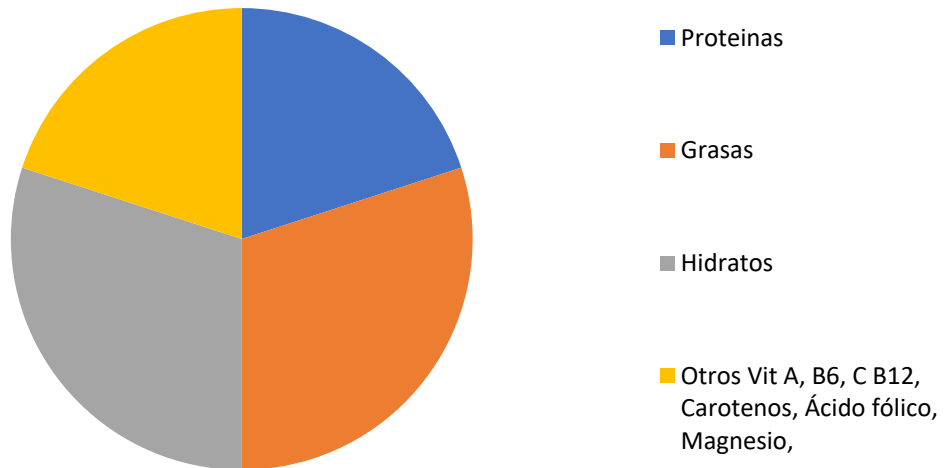
Segundo

Hígado de ternera lionesa

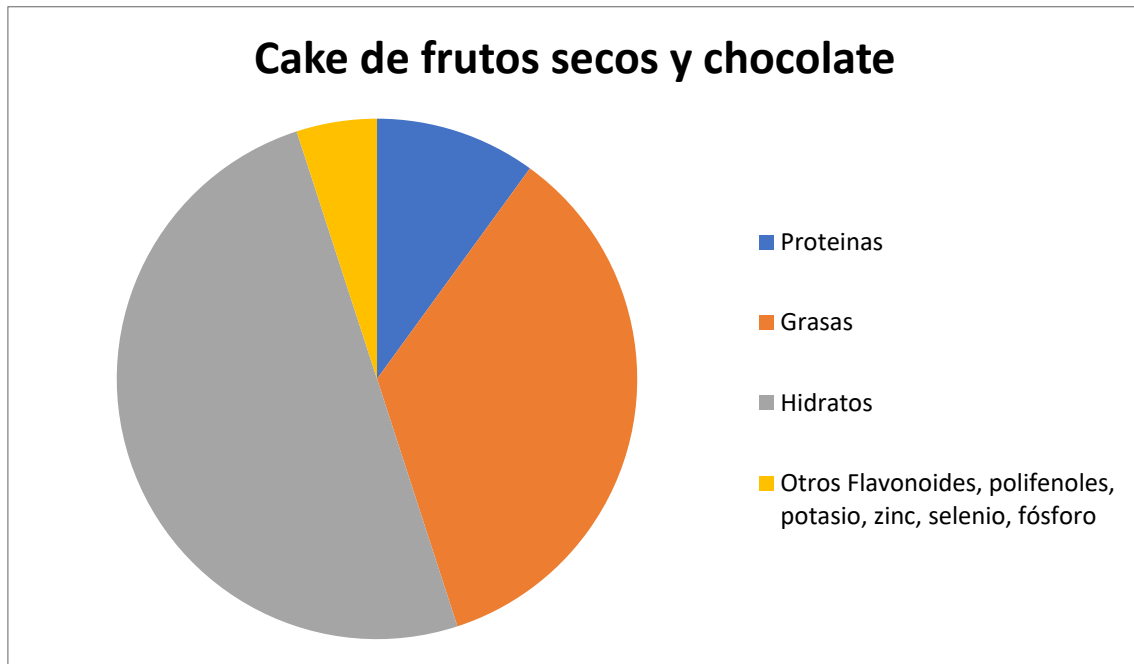


Segundo opción vegetariana

Espaguetis de calabacín y zanahoria con pesto de anacardos OPCIÓN VEGETARIANA



Postre



Analizado por:

Luis Alonso Garzón

Daniel Llorente Sanz

Álvaro Celemín Cortés

Olaf Berquín Socualaya

Mónica Senín Tardón

Mercedes Rodao Nevado

Rubén Ortiz Peña

Sergio Calle Álvarez