

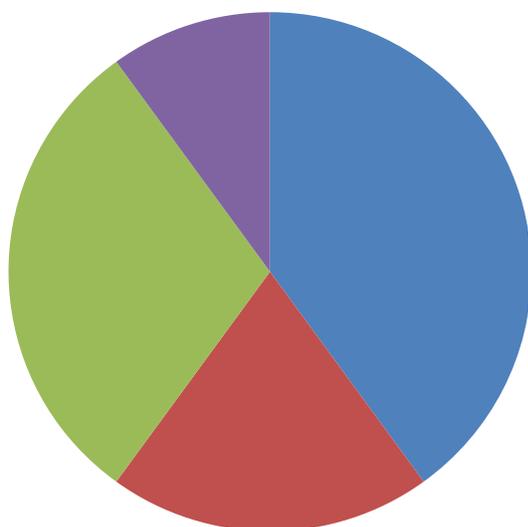
VALOR NUTRICIONAL

HOY COMEMOS DE RESTAURANTE



COMIDA 19 DE DICIEMBRE DE 2020

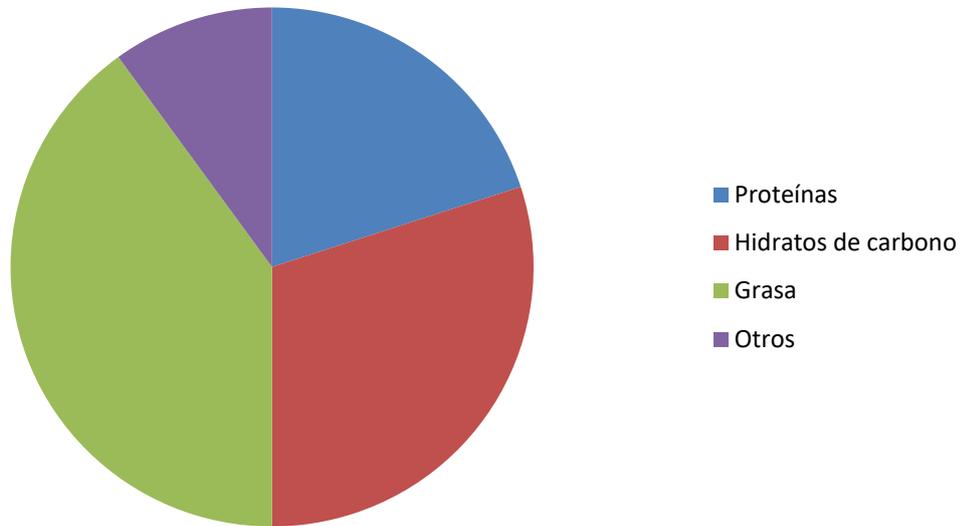
Rollitos de carpaccio de gambas y aguacates



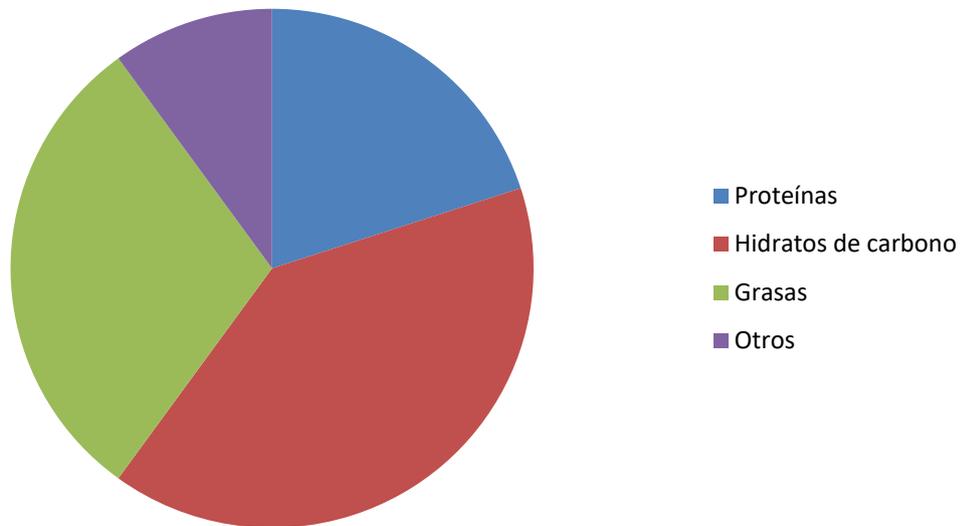
- Proteínas
- Hidratos de carbono
- Grasas
- Otros

OPCIÓN VEGETARIANA

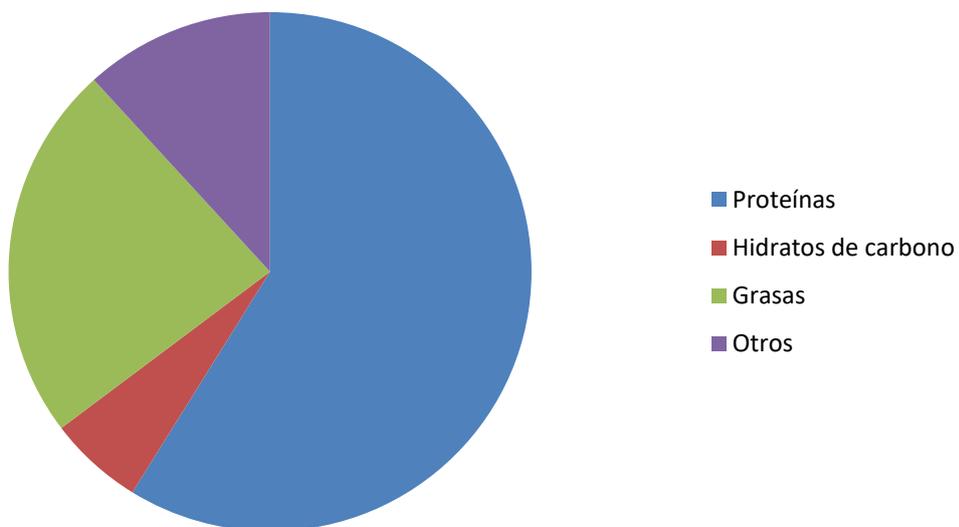
Rollitos de aguacate



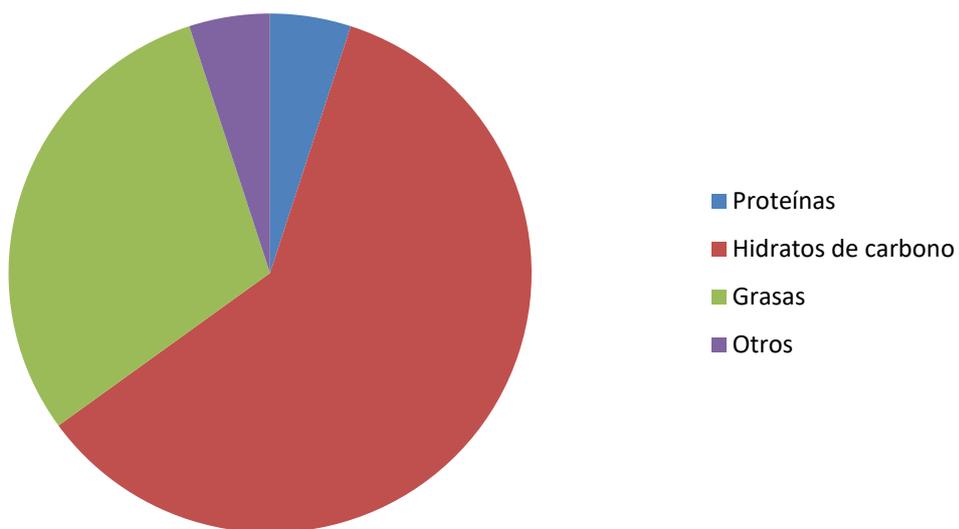
Sopa de pescado



Jamoncitos de pollo a la romana

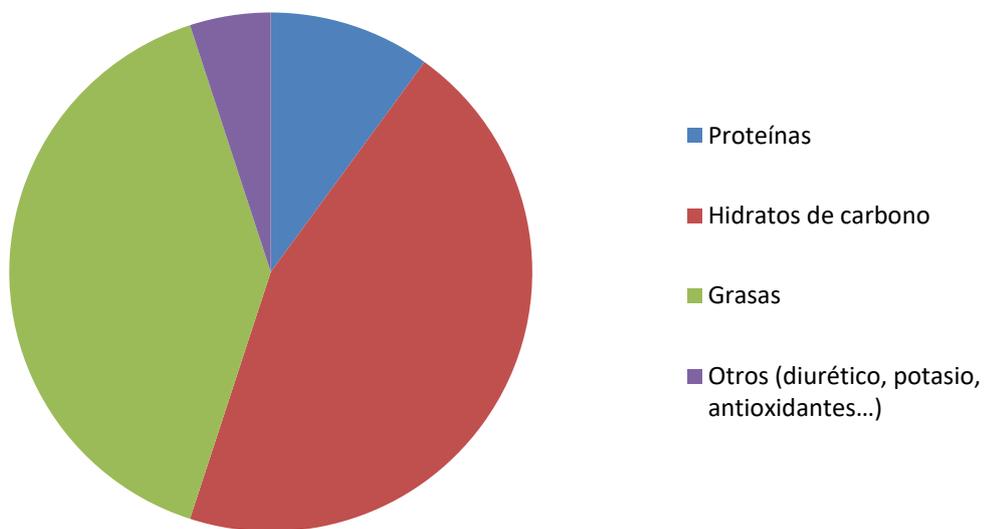


Cupcake navideño

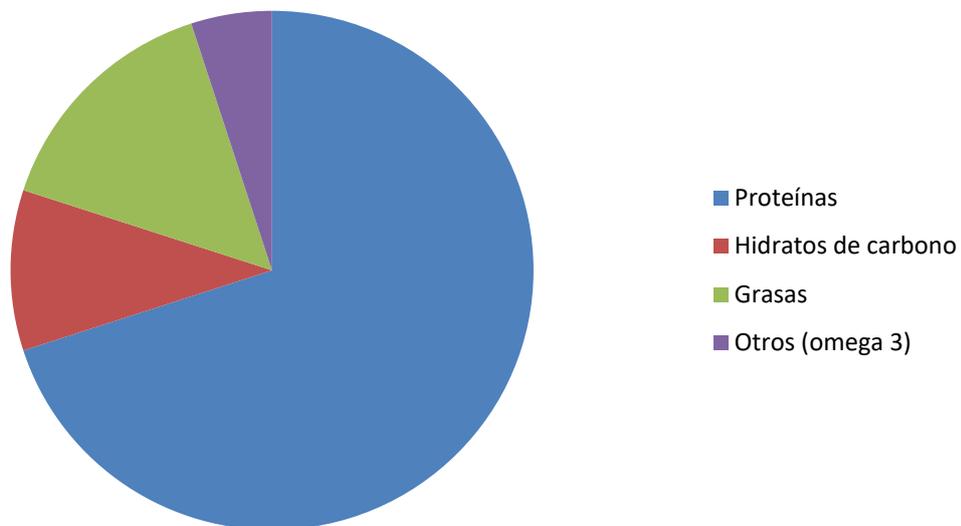


CENA SÁBADO 19 DICIEMBRE

Ensalada Waldorf

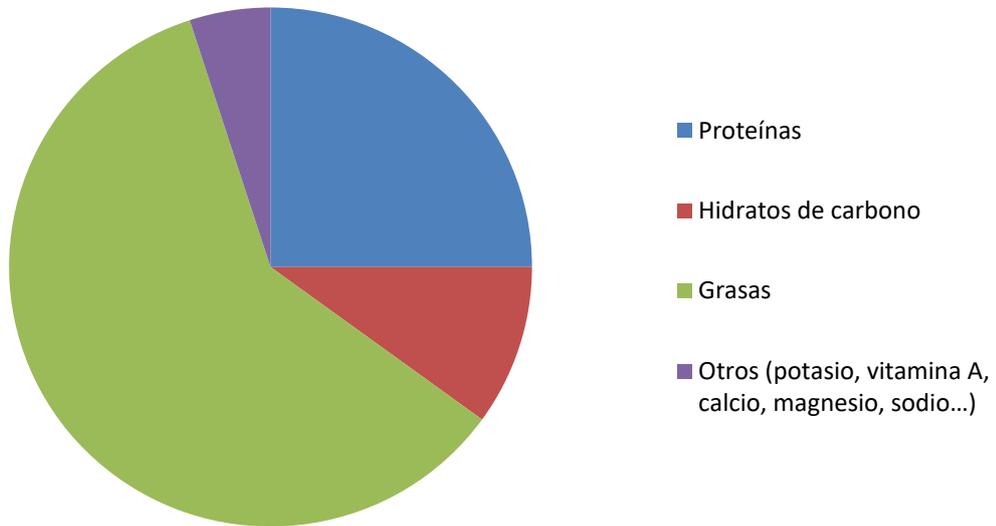


Pastel de merluza

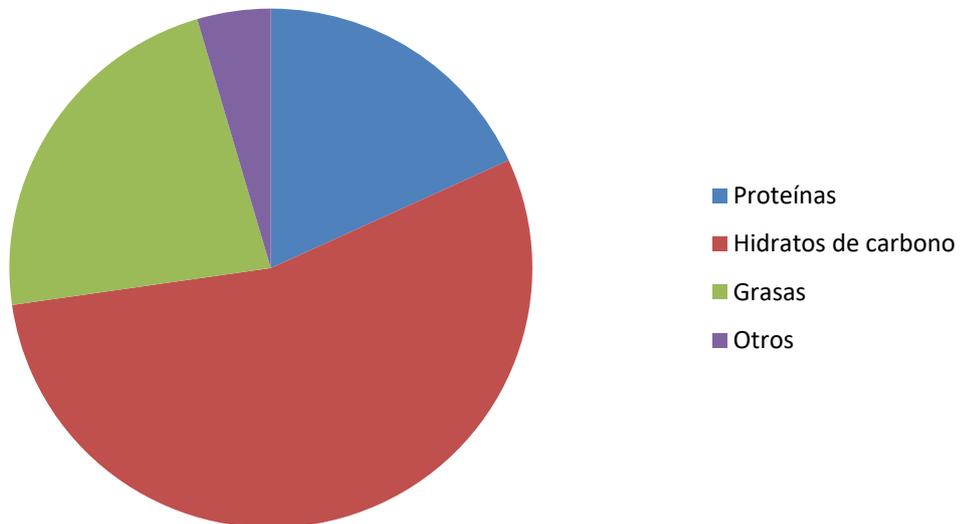


OPCIÓN VEGETARIANA

Pastel de queso

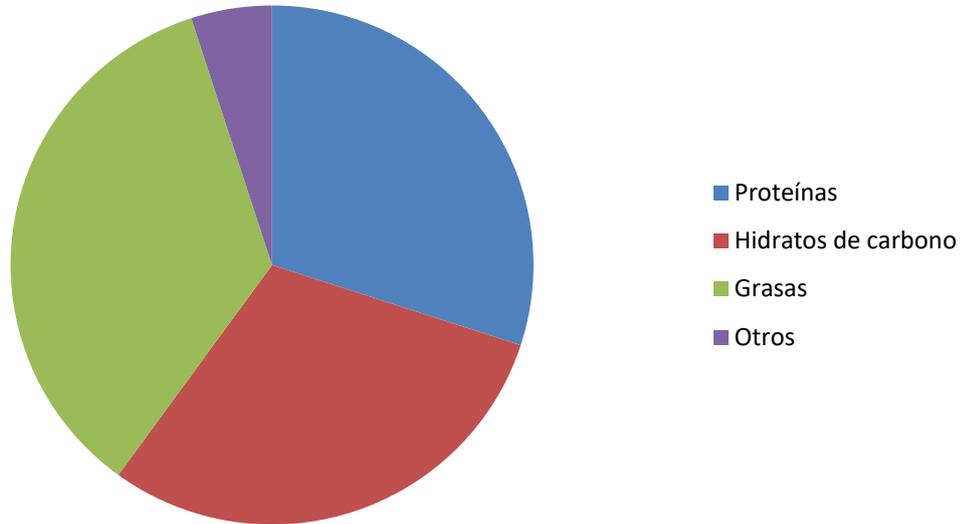


Sopa de almendras

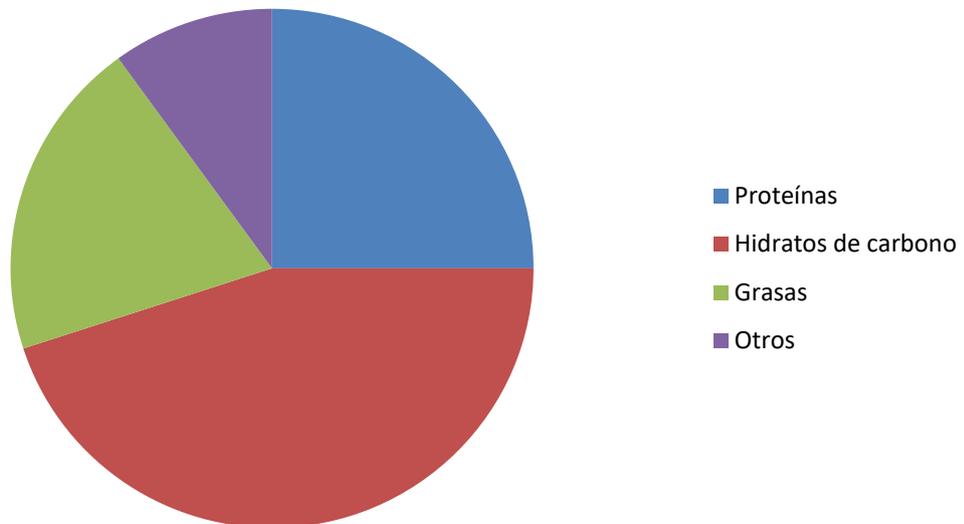


COMIDA DOMINGO 20 DE DICIEMBRE

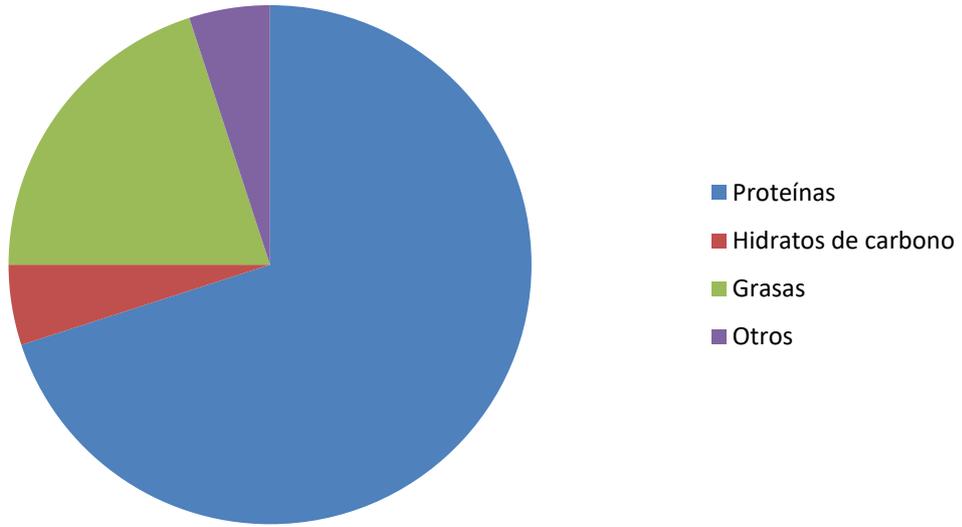
Brochetas de jamón de pato, uvas y mango



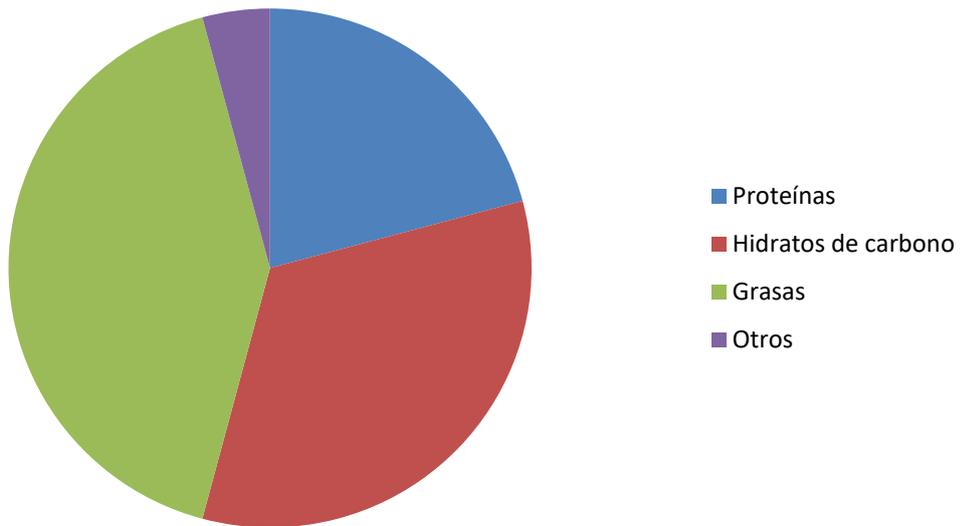
Lasaña de navidad



Popietas de lenguado

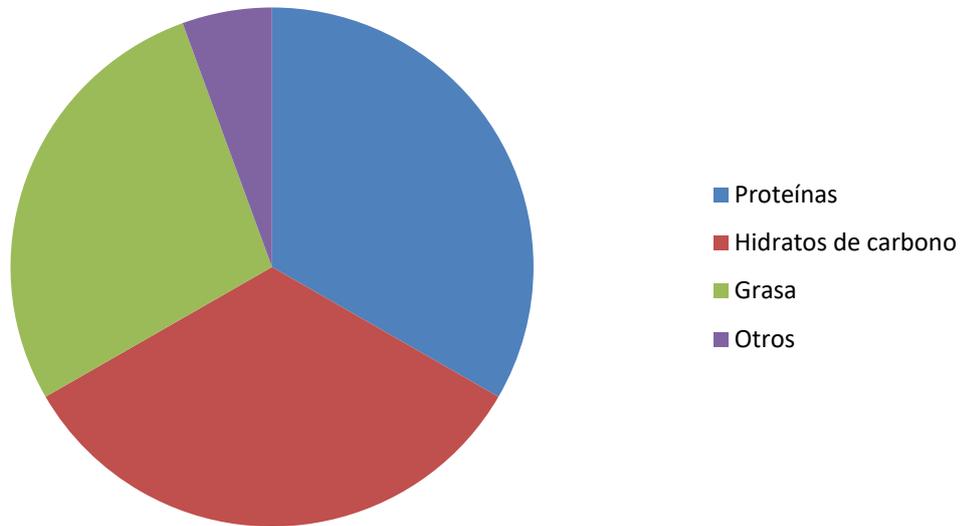


Tronco de Navidad

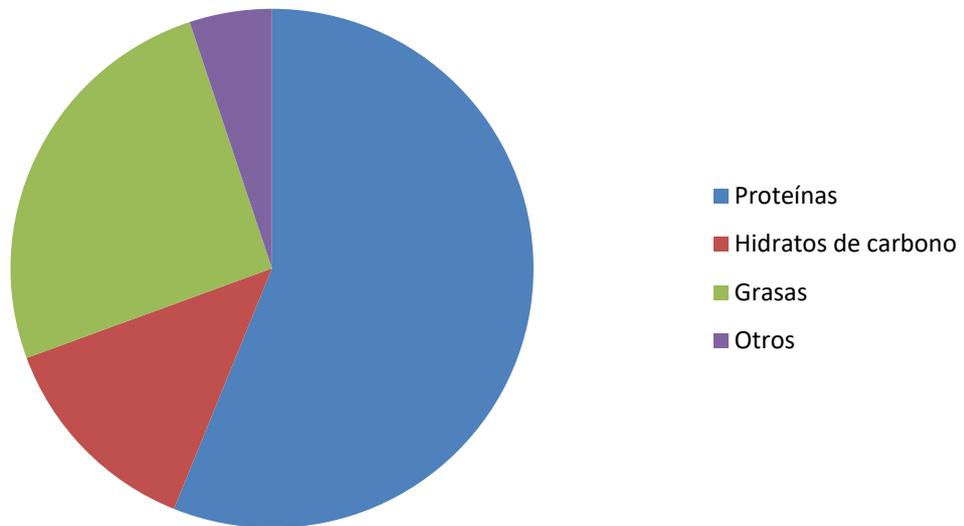


CENA DOMINGO 20 DE DICIEMBRE DE 2020

Fideos picantes

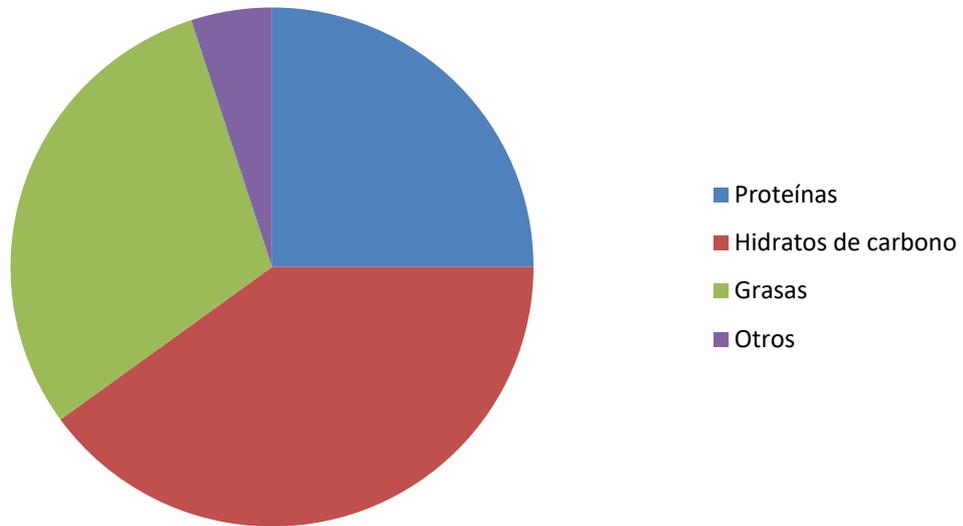


Picantones rellenos

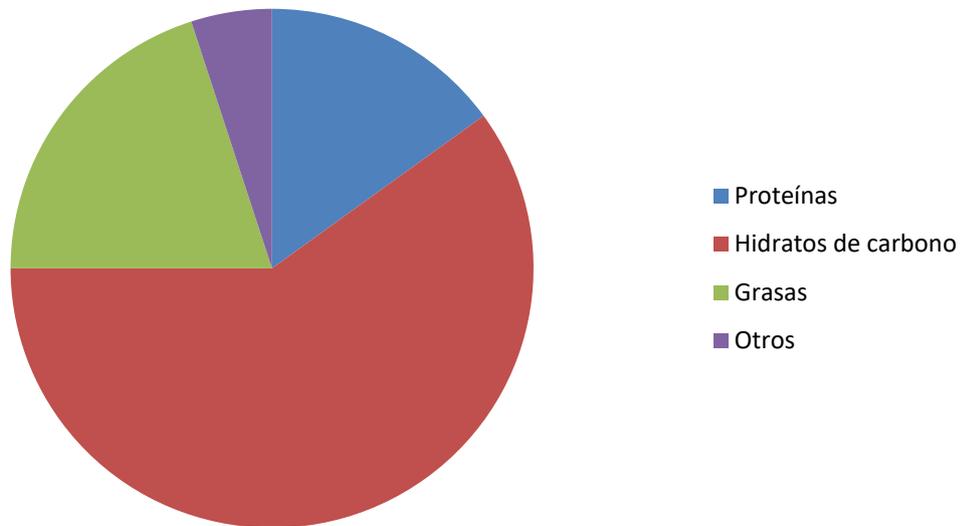


OPCIÓN VEGETARIANA

Saksuka



Tarta de manzana



Análisis por:

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Álvaro Celemin Cortés

Mónica Senín Tardón

Olaf Berquín Socualaya

Daniel Llorente Sanz

Rubén Ortiz Peña

Mercedes Nevado Rodao